

- 2024 -

# FEBRUARY

## MONDAY

**5** Chicken Fajitas  
WG Soft Shell Tortillas  
Peppers, Tomato, cheese  
Salsa, Sour Cr., Guacamole,  
Roasted Corn & Blk. Bean,  
Pears

**ALTERNATE ENTRÉE**  
Beef & Cheese Taco Stick

**12** Chicken Sliders  
Plain or w/ Cheese  
Lettuce & Tomato, Waffle  
Fries, Three Bean Salad  
Assorted Fresh Fruit

**ALTERNATE ENTRÉE**  
Cheese/Hamburger

**19** February  
Vacation

No School

**26** Creamy Mac-N-  
Cheese W/ WG Roll  
Ranch Roasted Broccoli  
Pear Cup

**ALTERNATE ENTRÉE**  
Chicken Nuggets

## TUESDAY

**6** Chicken Parmesan  
Sandwich Spinach  
Salad w/ Tomato  
Italian Baby Potatoes  
Assorted Fresh Fruit

**ALTERNATE ENTRÉE**  
Pizza

**13** Tater Tot Nachos  
Seasoned Ground Beef  
Nacho Cheese Sauce,  
Lettuce, Tomato, Salsa &  
Sour Cream over Tater Tots,  
Roasted Corn & Peppers, Grapes

**ALTERNATE ENTRÉE**  
Pizza Taco Bites

**20** February  
Vacation

No School

**27** BBQ Chicken  
Nachos W/ Cheese  
Lettuce, tomato, salsa,  
Sour Cr., Guacamole  
Mexicali Corn, Oranges

**ALTERNATE ENTRÉE**  
Beef & Bean Burrito

## WEDNESDAY

**7** Shepherd's Pie  
Honey Dilled Carrots  
WG Dinner Roll  
Strawberry Cup

**ALTERNATE ENTRÉE**  
Grilled Cheese

**14** Brunch @ Lunch  
Egg, Sausage & Cheese  
on a WG Croissant,  
Hash Brown Patty  
Fresh Carrot Sticks  
Fresh Fruit Cup

**ALTERNATE ENTRÉE**  
Chicken Tenders

**21** February  
Vacation

No School

**28** Hot Dog on WG  
Roll, W/ chili & Cheese  
Topping, Baked Beans,  
Waffle Fries, Carrot Salad  
Assorted Fresh Fruit

**ALTERNATE ENTRÉE**  
Chicken Pattie

## THURSDAY

**1** Chili Cornbread Bowl  
Seasoned Ground Beef  
W/ Red Kidney & Black Beans  
WG Cornbread topped W/  
Cheddar Cheese & diced onion  
Baked Plantain Slices

**ALTERNATE ENTRÉE**  
Chicken Quesadilla Pizza

**8** Sweet & Sour  
Chicken  
Vegetable Fried Rice  
Roasted Broccoli in a  
Savory Asian Sauce  
Mandarin Orange Cup

**ALTERNATE ENTRÉE**  
Sweet & Sour Meatballs

**15** Ziti & Meatballs  
W/ WG Pasta  
Fresh Romaine Salad  
W/ Grape Tomatoes  
Peach Cup

**ALTERNATE ENTRÉE**  
Cheese Calzone

**22** February  
Vacation

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**29** Sweet Chili  
Thai Chicken  
WG Lo Mein W/  
Mandarin Stir Fry Veg.  
Pineapple Chunks

**ALTERNATE ENTRÉE**  
Vegetable Egg Rolls

## FRIDAY

**2** Cheesy Pizza Bites  
W/ Dipping Sauce  
Fresh Garden Salad W/  
Grape Tomato, Fruit Cup

**ALTERNATE ENTRÉE**  
Turkey Bacon & Cheese  
Panini

**9** Cheese Lasagna  
Garlic Bread  
Romaine Salad W/  
Caesar Dressing  
Mixed Fruit Cup

**ALTERNATE ENTRÉE**  
Chicken Tenders

**16** North East Pizza  
Delivered Hot to us!  
Fresh Red & Green  
Pepper Strips W/ Dip  
Apple Slices

**ALTERNATE ENTRÉE**  
Chicken Pattie

**23** February  
Vacation

No School

## Leicester Middle School

### What Makes a Lunch?

Select 3-5 Components



Students **MUST** take **AT LEAST 3** out of  
5 meal components to be considered a  
complete meal. A **½ cup Fruit** or **½ cup  
vegetable** is **MANDATORY W/** a meal.

The 5 components to choose from  
are: Meat/Meat Alternate, Grain,  
Milk, Fruit, and Vegetable.

**Milk is FREE W/ a School Meal.**

**Purchased separately Milk is \$ .60.**

**Great News!**

**As Participants in the  
Community Eligibility Provision All  
Middle School Students receive  
Breakfast & Lunch for FREE!**

Menus as well as other Food service  
Information, including our Non-  
Discrimination statement, are available  
on line: [www.lpsma.net/departments/foodservice](http://www.lpsma.net/departments/foodservice)

Food service director: Barry Sbordy

[sbordyb@lpsma.net](mailto:sbordyb@lpsma.net)

**Alternate/ Vegetarian meals include:**

**Fruit, Vegetable, Non-fat milk**